



BIGish Jumps & Throws Fest
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Under World Athletics (WA) Rules

Dear

Bedford Athletic Stadium – Monday May 31st 2021

Thank you for your entry to the **BIGish Jumps & Throws Fest 2021**. If you were on the RESERVE list and are receiving this letter you are now in the competition and IF you have not already paid can you please do so asap (<https://www.bedfordgames.co.uk/payment>)

Below are all relevant times for your event. In view of current Covid regulations, we are required to stagger arrival times for athletes.

You are entered in the

You are in **POOL**

Your allocated Arrival time is
time is at

Final Call is at

Event start

Please do not arrive before your allocated Arrival time as you will not be allowed in. You will find more details on the Entry Lists, Arrival times & Timetable paperwork on the web site.

Please also READ everything below as there is a lot of information we need to pass on to you in these strange times.

It is IMPORTANT that you check the website over the next few days for any updates to Pools or Timetable. **If any of the above details are incorrect, please contact me as a matter of URGENCY.**

If you need to **WITHDRAW** from this competition, please email carol@gobiguk.net as soon as possible, as we have a reserve list in all events.

This is the 6th year of this new initiative and we are really happy to be able to get back to hosting the event. This is a unique event in the Fixtures calendar and we hope it will provide a fun, athlete friendly environment in which to qualify whatever your level (Olympic, World Junior, Euro Junior, or even English Schools) as well as providing an opportunity to return to high level competition at last.

Events on the day are being organised by the following people – High Jump (Carol Jackson), Long & Triple (Darren Ritchie) and Javelin, Hammer, Discus & Shot (Nick Ridgeon) with the overall organisation being handled by BIG.

The event will be run under WA Rules. A Level 2 Permit has been obtained and top level officials will be present ensuring all performances can be ratified.

The following spikes should be worn

6mm
Long & Triple Jump

9mm
High Jump

NB ATHLETE ENTRY to the stadium will be via the MAIN ENTRANCE only and NOT before your allocated Arrival time.

- Please look at the website for details of your **Pools and Timetable**.
- A **ONE WAY system** throughout the Stadium will be in operation and where this may cause extra walking, it will ensure safety for all. Please follow all the Direction signs.
- **ENTRY TO THE STADIUM** -
ATHLETES via the main entrance.
COACHES via the Spectator entrance.
ADDITIONAL ADULTS via the Spectator Entrance.

At all these points, Temperature Checks will be made and contact details checked. Wrist bands will then be issued and must be worn at all times.

- **WARM UP AREAS** - The lower half of the indoor area will be available but is very small so numbers will be limited. Other areas have been allocated for each event group and we would ask that you use only these areas if possible please.
 - LJ / TJ Lanes 1 to 4 on Sprint straight.
 - HJ – lanes 6 to 8 on the bottom bend and first part of back straight.
 - Throws – grass area behind the hill on the back straight plus Lanes 6 to 8 on the back straight (DO NOT THROW IMPLEMENTS IN EITHER AREA!).
- **INDOOR WARM UP AREA** - This is at the bottom half of the Indoor area and **ENTRY** is via the Ramp only. **Only ATHLETES and Officials will be allowed to enter here for Safety reasons.** MASKS must be worn unless actually warming up. Please limit the time you spend in there and follow social distancing guidelines at all times. Please do not use any other part of the Indoor Hall.
- **WEIGHING OF EQUIPMENT** - at the Equipment Store at least 1 hour before your event. Masks to be worn.
- **DISALLOWED EQUIPMENT IN THE COMPETITION AREA** – Athletes are reminded that mobile phones / iPods, Smart watches, iPads, cameras, etc must not be taken into the competition area and this will be checked at your event site.
- **REGISTRATION** – is at the desk at the bottom of the Warm Up area at least 60 minutes before your event. Wear a Mask to protect yourself & others. No Bibs will be worn this year to alleviate risk.
- **REPORTING** – There will be no FINAL CALL area so please go directly to your competition area (see event notes below and paperwork on the website for exact times). All spikes, kit, disallowed equipment, etc will be checked at your competition site.
- **SPECTATOR & COACHING AREAS** – As there are no track events it will be possible to get closer to the event sites and these areas will be roped off. COACHES AREAS will be designated near all event sites so can you please ask your coaches to adhere to them. For safety reasons, please do not walk outside these areas. When walking between events, please walk round the outside of the track. Seats in the stands will be available but many of these will be closed off to ensure social distancing.
- **HIGH JUMP**
 - Competitions have been split by performance and two cards (Men & Women) will be run where necessary to make the competition legal.
 - 2 beds will be run so please ensure you know which bed you are jumping on.

- Progressions will be decided before the competition and we will look to go through as many of the relevant qualifying standards as possible.
- We will ensure the first height in each competition is comfortable for all.
- **Call up will be 30 mins prior to start time.** Call up will be at the High Jump area.

Commented [DR1]: This is normally longer at events.

▪ **LONG JUMP**

- All competitions will be measured by EDM
- All athletes will have 6 Trials
- The competitions have been split by performance and two cards (Men & Women) will be run where necessary to make the competition legal.
- PLEASE NOTE: There will be no reversal of the jumping order after Round 3
- **Call up will be 30mins prior to start time.** Call up will be at the Long Jump event site.

▪ **TRIPLE JUMP**

- All competitions will be measured by EDM
- Competitions will use the 9m, 11m and 13m boards respectively and boards will not be changed mid competition
- All athletes will have 6 Trials
- Two cards (Men & Women) will be run where the pools are mixed to make the competition legal.
- PLEASE NOTE: There will be no reversal of the jumping order after Round 3
- **Call up will be 30mins prior to start time.** Call up will be at the Triple Jump event site.

• **DISCUS**

- All athletes will have 6 Trials
- EDM is being used for Discus.
- There will be no reversal of the Throwing order after Round 3
- **Call up will be 30mins prior to start time.** Call up will be at the Discus area.

• **SHOT**

- All athletes will have 6 Trials
- EDM is being used for Shot
- There will be no reversal of the Throwing order after Round 3
- **Call up will be 30mins prior to start time.** Call up will be at the Shot area.

• **HAMMER**

- All athletes will have 6 Trials
- EDM is being used for Hammer
- There will be no reversal of the Throwing order after Round 3
- **Call up will be 30mins prior to start time.** Call up will be at the Hammer area

• **JAVELIN**

- All athletes will have 6 Trials
- EDM is being used for Javelin
- There will be no reversal of the Throwing order after Round 3
- **Call up will be 30mins prior to start time.** Call up will be at the Javelin area.
- **Pool B Javelin** will be at the outside Throwing Area
- **Pool A Javelin** will be at the Javelin area on the top bend of the track

- **ADDITIONAL ADULT ENTRY** – will be through the Spectator Entrance where a Temperature check will be made and all contact details checked or amended. All details will be kept for 14 days for Test & Trace purposes. All Additional Adults will need to pay £2 on arrival – we would be grateful if you could have the exact money available.

- **COACHES ENTRY** will be through the Spectator Gate where a Temperature check will be made and all contact details checked or amended. All details will be kept for 14 days for Test & Trace purposes.

- Only the Athlete's MAIN Coach will be allowed in and they will need to pre-register by Fri 28th May at <https://www.bedfordgames.co.uk/coaches-registraion> . There will be no charge on production of their current valid UKA Coaches licence or they will need to pay £2 if not shown or expired.
- **CAR PARK** on the field to left of the Stadium. I am unsure if Fusion are manning this but if not please park sensibly in rows.
- **MEDICAL COVER** – A Paramedic team will be present. Please note there will be no Physio in attendance.
- **WATER** – No Water will be available for you. Please bring your own or buy from the Stadium.
- **REFRESHMENTS** – There will be a number of Outside Catering Food Outlets, an Ice Cream van and a Coffee Van there and we hope you will support these.
- **FILMING** - There will be some filming taking place throughout the day, specifically in the A & B Jumps events. If anyone has a problem with this please can you let me know in advance of the day.
- **BIG** cannot accept responsibility for incurred expenses should the meeting be cancelled or postponed, nor can **BIG** accept responsibility for any injury or loss incurred at this event.
- **BIG** reserves the right to decline entry to any person unable to meet or abide by the promoter's conditions.

Please do not hesitate to contact me on the numbers above or by email if you have any further questions.

We look forward to seeing you on May 31st and to a great day of Field event competitions as we now look forward to getting back to "normal athletics" and to Tokyo and beyond.

Yours sincerely,



Carol Jackson

Notes to be found on www.bedfordgames.co.uk

Timetable
Arrival Times

Entry Lists

Event Pools